

Section D

Stalking Victimization Scales



- D1. Composite Abuse Scale (CAS)
- D2. Harassment in Abusive Relationships: A Self-Report Scale (HARASS)
- D3. National Violence Against Women Survey
- D4. Obsessive Relational Intrusion (ORI) Scale
- D5. Obsessive Relational Intrusion (ORI) Scale—Short Form
- D6. Stalking Behavior Checklist
- D7. Unwanted Pursuit Behavior Inventory
- D8. Work/School Abuse Scales

Description of Measures

Victimization Assessments					
Construct	Scale/Assessment	Characteristics*	Target Groups	Psychometrics	Developer
D. Stalking Victimization	D1. Composite Abuse Scale (CAS)	30-item scale with 4 subscales that measure severe combined abuse, emotional abuse, physical abuse, and harassment. The harassment subscale includes 4 items.	Females with current or former intimate partners for longer than one month.	Internal consistency: Harassment = .87. Evidence of content, construct, criterion, and factorial validity.	Hegarty, Sheehan, & Schonfeld, 1999; Hegarty, Bush, & Sheehan, 2005 Copyright 1999
	D2. Harassment in Abusive Relationships: A Self-Report Scale (HARASS)	23-item scale that measures the frequency and degree of distress caused by harassment of abused women by intimate male partners. The scale has 3 subscales: stalking-like behaviors, threatening behaviors and controlling commodities.	Abused women.	Internal consistency: Often scale = .93; Degree of distress = .92. Evidence of convergent and factorial validity.	Sheridan, 2001 Copyright 1998
	D3. National Violence Against Women Survey (NVAWS)	8 items that measure stalking behaviors, and 3 additional questions to assess chronicity and extent of fear.	Males and females.	Internal consistency: 8 item scale = .89 (Basile, et al., 2004).	Tjaden & Thoennes, 1998
	D4. Obsessive Relational Intrusion (ORI) Scale	63-item scale that measures 4 types of obsessive relational intrusion behaviors: pursuit, violation, threat, and hyperintimacy.	Males and females.	Evidence of factorial validity.	Cupach & Spitzberg, 2000; 2004 Copyright 2004
	D5. Obsessive Relational Intrusion (ORI) Scale—Short Form	28-item scale that measures 4 types of obsessive relational intrusion behaviors: pursuit, violation, threat, and hyperintimacy.	Males and females.	Evidence of factorial validity.	Cupach & Spitzberg, 2004 Copyright 2004
	D6. Stalking Behavior Checklist	25-item scale that measures a variety of unwanted harassing and pursuit-oriented behaviors.	Females.	Internal consistency: Violent behavior = .78; Harassing behavior = .83.	Coleman, 1997 Copyright 1997
	D7. Unwanted Pursuit Behavior Inventory	26-item scale that measures the presence, impact, and motivation underlying a range of unwanted pursuit behaviors.	Males and females not currently in relationship with partner.	Internal consistency: .81.	Langhinrichsen-Rohling, Palarea, Cohen, & Rohling, 2000; Palarea & Langhinrichsen-Rohling, 1998
	D8. Work/School Abuse Scales	12-item scale that measures behaviors that prevent women from going to work or school or that interfere with participation once women are at work or school.	Females in current or past abusive relationships.	Internal consistency: Total scale = .82; Restraint tactics = .73; Interference = .77. Evidence of convergent validity.	Riger, Ahrens, & Blickenstaff, 2000 Copyright 2000

* Scale and subscale names in characteristics column are those that scale authors use and thus are not always consistent with CDC's terminology.

Actions	How often it happened					
	Never	Only Once	Several Times	Once/Month	Once/Week	Daily
15. Tried to rape me	0	1	2	3	4	5
16. Harassed me at work	0	1	2	3	4	5
17. Pushed, grabbed or shoved me	0	1	2	3	4	5
18. Used a knife or gun or other weapon	0	1	2	3	4	5
19. Became upset if dinner/housework wasn't done when they thought it should be	0	1	2	3	4	5
20. Told me that I was crazy	0	1	2	3	4	5
21. Told me that no one would ever want me	0	1	2	3	4	5
22. Took my wallet and left me stranded	0	1	2	3	4	5
23. Hit or tried to hit me with something	0	1	2	3	4	5
24. Did not want me to socialize with my female friends	0	1	2	3	4	5
25. Put foreign objects in my vagina	0	1	2	3	4	5
26. Refused to let me work outside the home	0	1	2	3	4	5
27. Kicked me, bit me or hit me with a fist	0	1	2	3	4	5
28. Tried to convince my friends, family or children that I was crazy	0	1	2	3	4	5
29. Told me that I was stupid	0	1	2	3	4	5
30. Beat me up	0	1	2	3	4	5

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Scoring Instructions

CAS-harassment subscale should be created by summing frequency scores of items 3, 11, 13, and 16.

Higher scores are indicative of greater harassment levels.

References

Hegarty K, Sheehan M, Schonfeld C. A multidimensional definition of partner abuse: development and preliminary validation of the Composite Abuse Scale. *Journal of Family Violence* 1999;14:399–415.

Hegarty K, Bush R, Sheehan M. The Composite Abuse Scale: further development and assessment of reliability and validity of a multidimensional partner abuse measure in clinical settings. *Violence and Victims* 2005;20:529-547.

D2. Harassment in Abusive Relationships: A Self-Report Scale (HARASS)

Harassment in Abusive Relationships: A Self-report Scale

Many women are harassed in relationships with their abusive partners, especially if the women are trying to end the relationship. You may be experiencing harassment. This instrument is designed to measure harassment of women who are in abusive relationships or who are in the process of leaving abusive relationships. By completing this questionnaire, you may better understand harassment in your life. If you have any questions, please talk with the service provider who gave you this tool.

Harassment is defined as: *a persistent pattern of behavior by an intimate partner that is intended to bother, annoy, trap, emotionally wear down, threaten, frighten, terrify and/or coerce a woman with the overall intent to control her choices and behavior about leaving an abusive relationship.*

There are no right or wrong answers. Do not put your name on the form. The instrument takes about 10 minutes to complete.

For each item, circle the number that best describes how often the behavior occurred. Next, rate how distressing the behavior is to you. If the behavior has never occurred, circle 0 (NEVER) and go to the next question. If the question does not apply to you, circle NA (NOT APPLICABLE). If you are still in the relationship please circle below MY PARTNER. If you have left the relationship, please circle below MY FORMER PARTNER.

<p style="text-align: center;">The Behavior (Circle one)</p> <p style="text-align: center;">My Partner My Former Partner</p>	<p>0 = Never 1 = Rarely 2 = Occasionally 3 = Frequently 4 = Very Frequently NA = Not applicable</p> <p style="text-align: center;">How often does it occur?</p>						<p>0 = Not at all distressing 1 = Slightly distressing 2 = Moderately distressing 3 = Very distressing 4 = Extremely distressing NA = Not applicable</p> <p style="text-align: center;">How distressing is this behavior to you?</p>					
	0	1	2	3	4	NA	0	1	2	3	4	NA
1. Frightens people close to me	0	1	2	3	4	NA	0	1	2	3	4	NA
2. Pretends to be someone else in order to get to me	0	1	2	3	4	NA	0	1	2	3	4	NA
3. Comes to my home when I don't want him there	0	1	2	3	4	NA	0	1	2	3	4	NA
4. Threatens to kill me if I leave or stay away from him	0	1	2	3	4	NA	0	1	2	3	4	NA
5. Threatens to harm the kids if I leave or stay away from him	0	1	2	3	4	NA	0	1	2	3	4	NA
6. Takes things that belong to me so I have to see him to get them back	0	1	2	3	4	NA	0	1	2	3	4	NA
7. Tries getting me fired from my job	0	1	2	3	4	NA	0	1	2	3	4	NA
8. Ignores court orders to stay away from me	0	1	2	3	4	NA	0	1	2	3	4	NA
9. Keeps showing up wherever I am	0	1	2	3	4	NA	0	1	2	3	4	NA
10. Bothers me at work when I don't want to talk to him	0	1	2	3	4	NA	0	1	2	3	4	NA
11. Uses the kids as pawns to get me physically close to him	0	1	2	3	4	NA	0	1	2	3	4	NA
12. Shows up without warning	0	1	2	3	4	NA	0	1	2	3	4	NA
13. Messes with my property (For example: sells my stuff, breaks my furniture, damages my car, steals my things)	0	1	2	3	4	NA	0	1	2	3	4	NA
14. Scares me with a weapon	0	1	2	3	4	NA	0	1	2	3	4	NA
15. Breaks into my home	0	1	2	3	4	NA	0	1	2	3	4	NA
16. Threatens to kill me if I leave or stay away from him	0	1	2	3	4	NA	0	1	2	3	4	NA
17. Makes me feel like he can again force me into sex	0	1	2	3	4	NA	0	1	2	3	4	NA
18. Threatens to snatch or have the kids taken away from me	0	1	2	3	4	NA	0	1	2	3	4	NA

<p style="text-align: center;">The Behavior (Circle one)</p> <p style="text-align: center;">My Partner My Former Partner</p>	<p>0 = Never 1 = Rarely 2 = Occasionally 3 = Frequently 4 = Very Frequently NA = Not applicable</p> <p style="text-align: center;">How often does it occur?</p>						<p>0 = Not at all distressing 1 = Slightly distressing 2 = Moderately distressing 3 = Very distressing 4 = Extremely distressing NA = Not applicable</p> <p style="text-align: center;">How distressing is this behavior to you?</p>					
	0	1	2	3	4	NA	0	1	2	3	4	NA
19. Sits in his car outside my home	0	1	2	3	4	NA	0	1	2	3	4	NA
20. Leaves me threatening messages (for example: puts scary notes in the car, sends me threatening letters, sends me threats through family and friends, leaves threatening messages on the telephone answering (machine)	0	1	2	3	4	NA	0	1	2	3	4	NA
21. Threatens to harm our pet	0	1	2	3	4	NA	0	1	2	3	4	NA
22. Calls me on the telephone and hangs up	0	1	2	3	4	NA	0	1	2	3	4	NA
23. Reports me to the authorities for taking drugs when I don't	0	1	2	3	4	NA	0	1	2	3	4	NA
Additional harassing behaviors not listed above:												
24.	0	1	2	3	4	NA	0	1	2	3	4	NA
25.	0	1	2	3	4	NA	0	1	2	3	4	NA

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Scoring Instructions

Items can be grouped into three subscales. Stalking-like behaviors subscale includes items 2, 3, 6, 8, 9, 12, 15, 19, and 22; Threatening behaviors subscale includes items 1, 4, 7, 10, 14, 16, 20, and 21. Controlling-his-commodities subscale includes items 5, 11, 13, 17, 18, and 23. On the OFTEN scale, response options 1–4 (rarely through frequently) are coded as 1 and are indicative of harassment. 0 = 0. On the DISTRESS Scale, response options 1–4 (slightly disturbing to very disturbing) are coded as 1 and are indicative of distress. 0 = 0.

Reference

Sheridan DJ. Treating survivors of intimate partner abuse: forensic identification and documentation. In: Olshaker JS, Jackson MC, Smock WS, editors. Forensic emergency medicine. Philadelphia (PA): Lippincott, Williams, & Wilkins; 2001. p. 203–228.

D3. National Violence Against Women Survey (NVAWS)

1. I'd like to ask you some questions about following or harassment you may have experienced on more than one occasion by strangers, friends, relatives, or even husbands (wives), and partners. Not including bill collectors, telephone solicitors, or other sales people, has anyone, male or female, ever:
 - a. Followed or spied on you?
 - b. Sent you unsolicited letters or written correspondence?
 - c. Made unsolicited phone calls to you?
 - d. Stood outside your home, school, or workplace?
 - e. Showed up at places you were even though he or she had no business being there?
 - f. Left unwanted items for you to find?
 - g. Tried to communicate in other ways against your will?
 - h. Vandalized your property or destroyed something you loved?

If respondent answered "yes" to one or more of the above questions, then she/he is asked:

2. Has anyone ever done any of these things to you on more than one occasion?

If respondent reported being victimized on more than one occasion, he/she is asked the following questions:

3. How frightened were you by these things [perpetrator] did to you?
 - a. very frightened?
 - b. somewhat frightened?
 - c. just a little frightened?
 - d. not really frightened?
4. Did you ever believe you or someone close to you would be seriously harmed or killed when [perpetrator] was following or harassing you?

Note: Scale can be used to assess stalking by non-partners.

Scoring Instructions

To be considered a stalking victim, respondent has to report experiencing one or more of the stalking behaviors (items a–h) on more than one occasion (#2) and reports having been very frightened or feared bodily harm to them or someone close to them (#3 and #4).

Reference:

Tjaden P, Thoennes N. Stalking in America: findings from the National Violence Against Women Survey. Washington (DC): Dept. of Justice (US), National Institute of Justice; 1998. Report No.: NCJ 169592.

D4. Obsessive Relational Intrusion (ORI)

We are interested in a situation we are calling relational intrusion. Relational intrusion occurs when someone with whom you have been acquainted, however slightly, persistently invades your time, space, property, or self in undesired ways in an effort to continue or maintain a relationship despite your wishes to the contrary. In short, it is a form of consistent and unwanted pursuit of a relationship. It is similar to stalking, but may not be as extreme or as threatening as the reports you may have heard or seen in the media. Our interest is in discovering how common these experiences are, and the kinds of things people do in response to them. The intruder might have been a former boyfriend or girlfriend, a classmate, or even a work acquaintance. But, in some way or another, it should be someone who, in your own mind, you clearly did not want to have continuing a relationship with you in these ways. In some instances, you may have to report on your suspicion rather than certainty (e.g., someone who calls you and hangs up immediately might be a random caller, rather than someone with whom you have been acquainted).

To what extent have you ever experienced any of the following behaviors in a context in which you did not want them to, regardless of how many people may have engaged in them? Respond on the following scale:

Read each item carefully and circle the appropriate response for every item:

- 0 = Never
- 1 = Once since the age of 18
- 2 = Rarely (i.e., 2 to 4 times since the age of 18)
- 3 = Sometimes (i.e., 5 to 9 times since the age of 18)
- 4 = Frequently (i.e., more than 10 times since the age 18)

Behaviors	How often it happened				
	Never	Once since the age of 18	Rarely (i.e., 2 to 4 times since the age of 18)	Sometimes (i.e., 5 to 9 times since the age of 18)	Frequently (i.e., more than 10 times since the age of 18)
1. Called and argued with you	0	1	2	3	4
2. Would call and hang up without answering	0	1	2	3	4
3. Told others you two were more intimate than you currently were	0	1	2	3	4
4. Spied on you	0	1	2	3	4
5. Threatened you with physical harm	0	1	2	3	4
6. Made vague warnings that bad things would happen to you	0	1	2	3	4
7. Accused you of "sleeping around"	0	1	2	3	4
8. Exposed him- or herself to you	0	1	2	3	4
9. Increased contact with your family members to stay involved	0	1	2	3	4

Behaviors	How often it happened				
	Never	Once since the age of 18	Rarely (i.e., 2 to 4 times since the age of 18)	Sometimes (i.e., 5 to 9 times since the age of 18)	Frequently (i.e., more than 10 times since the age of 18)
10. Called a radio station and devoted song requests to you	0	1	2	3	4
11. Showed up before or after your work	0	1	2	3	4
12. Cluttered your e-mail with frequent messages	0	1	2	3	4
13. Drove by your house or work	0	1	2	3	4
14. Engaged in excessive self-disclosure	0	1	2	3	4
15. Performed large favors for you without your request or permission	0	1	2	3	4
16. Constantly asked for another chance	0	1	2	3	4
17. Waited in a car near where you were	0	1	2	3	4
18. Accused you of somehow being unfaithful	0	1	2	3	4
19. Made exaggerated claims of his/her affection for you	0	1	2	3	4
20. Watched or stared at you from a distance	0	1	2	3	4
21. Complained to you about how you ruined her/his life	0	1	2	3	4
22. Followed you while you were carrying on a walking conversation	0	1	2	3	4
23. Asked you if you were seeing someone	0	1	2	3	4
24. Waited outside your place	0	1	2	3	4
25. Used third parties to 'spy' or keep tabs on you	0	1	2	3	4
26. Sent you offensive photographs	0	1	2	3	4
27. Made obscene phone calls to you	0	1	2	3	4
28. Sent you unwanted cards or letters	0	1	2	3	4
29. Recorded conversations with you without your knowledge	0	1	2	3	4
30. Warned that bad things would or might happen	0	1	2	3	4
31. Left notes on your car windshield	0	1	2	3	4
32. Told you to stop doing certain things	0	1	2	3	4
33. Gossiped or bragged about your relationship to others	0	1	2	3	4

Behaviors	How often it happened				
	Never	Once since the age of 18	Rarely (i.e., 2 to 4 times since the age of 18)	Sometimes (i.e., 5 to 9 times since the age of 18)	Frequently (i.e., more than 10 times since the age of 18)
34. Went through your private things when in your room	0	1	2	3	4
35. Left you written messages in or at your residence	0	1	2	3	4
36. Tried to argue with you in public places	0	1	2	3	4
37. Called at all times of the day or night to check on you	0	1	2	3	4
38. Knocked on your window when not expected	0	1	2	3	4
39. Used profanity and obscene names in reference to you	0	1	2	3	4
40. Sent you unwanted gifts	0	1	2	3	4
41. Argued with you about your relationship with other people	0	1	2	3	4
42. Made things up about your past relationship	0	1	2	3	4
43. Sent you threatening notes, letters, or messages	0	1	2	3	4
44. Refused to take hints that s/he wasn't welcome	0	1	2	3	4
45. Showed up before or after your classes	0	1	2	3	4
46. Left frequent messages on your answering machine	0	1	2	3	4
47. Took photographs of you without your previous knowledge	0	1	2	3	4
48. Claimed to still be in an intimate relationship with you	0	1	2	3	4
49. Inappropriately touched you in an intimate way	0	1	2	3	4
50. Spread false rumors or gossip about you to your friends	0	1	2	3	4
51. Described acts of sex to you	0	1	2	3	4
52. Waited around near your conversation with another person	0	1	2	3	4
53. Constantly apologized for past wrongs done	0	1	2	3	4
54. Visited you at work	0	1	2	3	4
55. Checked up on you through mutual acquaintances	0	1	2	3	4
56. Followed you from place to place	0	1	2	3	4

Behaviors	How often it happened				
	Never	Once since the age of 18	Rarely (i.e., 2 to 4 times since the age of 18)	Sometimes (i.e., 5 to 9 times since the age of 18)	Frequently (i.e., more than 10 times since the age of 18)
57. Called you while you were working	0	1	2	3	4
58. Mailed or left gifts you had previously given him/her	0	1	2	3	4
59. Physically shoved, slapped, or hit you	0	1	2	3	4
60. Joined you uninvited while conversing with others	0	1	2	3	4
61. Forced you to engage in sexual behavior against your will	0	1	2	3	4
62. Damaged or destroyed property or possessions of yours	0	1	2	3	4
63. Broke into your home or apartment	0	1	2	3	4
Can you think of any relational intrusion behaviors you have experienced that are NOT on the above list? If so, please list them and rate them according to the 0–4 scale:					
64.	0	1	2	3	4
65.	0	1	2	3	4

Note: Scale can be used to assess stalking perpetrated by non-partners.

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Scoring Instructions

Items can be summed to create an overall index of stalking victimization. Subscales can also be used. The Pursuit subscale includes items 11, 13, 17, 24, 31, 35, 54, and 57. The Violation subscale includes items 26, 29, 47, and 63. The Threat subscale includes items 1, 5, 6, 7, 30, 36, 39, 59, and 62. The Hyperintimacy subscale includes items 3, 14, 19, 23, 33, 42, 44, 48, 49, 50, 51, 53, and 60. The other items did not load on a specific factor. Higher scores are indicative of greater levels of victimization.

References

Cupach WR, Spitzberg BH. Obsessive relational intrusion: incidence, perceived severity, and coping. *Violence and Victims* 2000;15:357–372.

Cupach WR, Spitzberg BH. *The dark side of relationship pursuit: from attraction to obsession and stalking*. Mahwah (NJ): Lawrence Erlbaum Associates; 2004.

D5. Obsessive Relational Intrusion (ORI)—Short Form

People often pursue intimate relationships without realizing that the person being pursued does not want such a relationship. These pursuers may want friendship, or romantic intimacy, or perhaps just recognition. In addition, they often do things that do not appear in normal circumstances to be intimate, such as invading your privacy, intruding into your life, and/or making threats (e.g., “if you don’t go out with me, I’ll kill myself”), or refusing to let go. We are interested in finding out if you have ever experienced such a “relationship,” and what kinds of actions this pursuer displayed.

In your lifetime, how often, if at all, has anyone ever obsessively pursued you over a period of time for the purpose of establishing an intimate relationship that you did NOT want? That is,...

Behaviors	Circle the best answer				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Has anyone ever undesirably & obsessively pursued you by...					
1. LEAVING UNWANTED GIFTS (e.g., flowers, stuffed animals, photographs, jewelry, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
2. LEAVING UNWANTED MESSAGES OF AFFECTION (e.g., romantically-oriented notes, cards, letters, voice-mail, e-mail, messages with friends, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
3. MAKING EXAGGERATED EXPRESSIONS OF AFFECTION (e.g., saying “I love you” after limited interaction, doing large and unsolicited favors for you)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
4. FOLLOWING YOU AROUND (e.g., following you to or from, school, home, gym, daily activities, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
5. WATCHING YOU (e.g., driving by home or work, watching you from a distance, gazing at you in public places, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
6. INTRUDING UNINVITED INTO YOUR INTERACTIONS (e.g., “hovers” around your conversations, offers unsolicited advice, initiates conversations when you are clearly busy, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
7. INVADING YOUR PERSONAL SPACE (e.g., getting too close to you in conversation, touching you, etc.)	0	1	2	3	4

Behaviors	Circle the best answer				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Has anyone ever undesirably & obsessively pursued you by... 8. INVOLVING YOU IN ACTIVITIES IN UNWANTED WAYS (e.g., enrolling you in programs, putting you on mailing lists, using your name as a reference, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 9. INVADING YOUR PERSONAL PROPERTY (e.g., handling your possessions, breaking and entering into your home, showing up at your door or car, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 10. INTRUDING UPON YOUR FRIENDS, FAMILY OR COWORKERS (e.g., trying to befriend your friends, family or coworkers; seeking to be invited to social events, seeking employment at your work, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 11. MONITORING YOU AND/OR YOUR BEHAVIOR (e.g., calling at all hours to check on your whereabouts, checking up on you through mutual friends, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 12. APPROACHING OR SURPRISING YOU IN PUBLIC PLACES (e.g., showing up at places such as stores, work, gym; lying in wait around corners, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 13. COVERTLY OBTAINING PRIVATE INFORMATION (e.g., listen to your message machine, taking photos of you without your knowledge, stealing your mail or e-mail, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 14. INVADING YOUR PROPERTY (e.g., breaking and entering your home, car, desk, backpack or briefcase, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 15. LEAVING UNWANTED THREATENING MESSAGES (e.g., hang-up calls; notes, cards, letters, voice-mail, e-mail, messages with friends, implying harm or potential harm, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 16. PHYSICALLY RESTRAINING YOU (e.g., grabbing your arm, blocking your progress, holding your car door while you're in the car, etc.)	0	1	2	3	4

Behaviors	Circle the best answer				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Has anyone ever undesirably & obsessively pursued you by... 17. ENGAGING IN REGULATORY HARASSMENT (e.g., filing official complaints, spreading false rumors to officials—boss, instructor, etc., obtaining a restraining order on you, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 18. STEALING OR DAMAGING VALUED POSSESSIONS (e.g., you found property vandalized; things missing, damaged or hurt that only this person had access to, such as prior gifts, or pets, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 19. THREATENING TO HURT HIM- OR HERSELF (e.g., vague threats that something bad will happen to him- or herself, threatening to commit suicide, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 20. THREATENING OTHERS YOU CARE ABOUT (e.g., threatening harm to or making vague warnings about romantic partners, friends, family, pets, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 21. VERBALLY THREATENING YOU PERSONALLY (e.g., threats or vague warnings that something bad will happen to you, threatening personally to hurt you, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 22. LEAVING OR SENDING YOU THREATENING OBJECTS (e.g., marked up photographs, photographs taken of you without knowledge, pornography, weapons, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 23. SHOWING UP AT PLACES IN THREATENING WAYS (e.g., showing up at class, office or work, from behind a corner, staring from across a street, being inside your home, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 24. SEXUALLY COERCING YOU (e.g., forcefully attempted/succeeded in kissing, feeling, or disrobing you, exposed him/herself, forced sexual behavior, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by... 25. PHYSICALLY THREATENING YOU (e.g., throwing something at you, acting as if s/he will hit you, running fingers across neck implying throat slitting, etc.)	0	1	2	3	4

Behaviors	Circle the best answer				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Has anyone ever undesirably & obsessively pursued you by...					
26. PHYSICALLY HURTING YOU (e.g., pushing or shoving you, slapping you, hitting you with fist, hitting you with an object, etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
27. KIDNAPPING OR PHYSICALLY CONSTRAINING YOU (e.g., by force or threat of force, trapped you in a car or room; bound you; took you places against your will; etc.)	0	1	2	3	4
Has anyone ever undesirably & obsessively pursued you by...					
28. PHYSICALLY ENDANGERING YOUR LIFE. (e.g., trying to run you off the road, displaying a weapon in front of you, using a weapon to subdue you, etc.)	0	1	2	3	4

Note: Scale can be used to assess stalking perpetrated by non-partners.

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Scoring Instructions

Items can be summed to create an overall index of victimization. Higher scores are indicative of greater levels of victimization.

Reference

Cupach WR, Spitzberg BH. The dark side of relationship pursuit: from attraction to obsession and stalking. Mahwah (NJ): Lawrence Erlbaum Associates; 2004.

D6. Stalking Behavior Checklist

The following questions focus on unwanted contact from your partner during the past 6 months. For each question indicate how often your partner engaged in each of these behaviors.

1=never

2=once a month or less

3=two to three times a month

4=once or twice a week

5=three to six times a week

6=once a day or more

-
- _____ 1. Broke into your home.
 - _____ 2. Violated a restraining order.
 - _____ 3. Attempted to break into your car.
 - _____ 4. Threatened to cause you harm.
 - _____ 5. Broke into your car.
 - _____ 6. Attempted to harm you.
 - _____ 7. Physically harmed you.
 - _____ 8. Attempted to break into your home.
 - _____ 9. Physically harmed himself.
 - _____ 10. Stole/read your mail.
 - _____ 11. Damaged the property of your new partner.
 - _____ 12. Threatened to harm himself.
 - _____ 13. Made calls to you at your home when you didn't want him to.
 - _____ 14. Came to your home when you didn't want him to.
 - _____ 15. Followed you.
 - _____ 16. Made hang-up telephone calls.
 - _____ 17. Sent you unwanted gifts.
 - _____ 18. Made calls to you at work when you didn't want him to.
 - _____ 19. Watched you.
 - _____ 20. Came to your workplace/school when you didn't want him to.
 - _____ 21. Left messages on your answering machine, voice mail, or e-mail.
 - _____ 22. Sent photographs when you didn't want him to.
 - _____ 23. Made threats to your new partner.
 - _____ 24. Sent letters to you when you didn't want him to.
 - _____ 25. Harmed your new partner.

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Scoring Instructions

Two subscales can be created from the items. The first subscale, referred to as the Violent Behavior subscale, includes items 1–12. The second subscale, referred to as the Harassing Behavior subscale, includes items 13–25. Subscale scores are obtained by calculating the mean of the items used to define each factor (summing across item values and dividing by applicable number of items in subscale). Higher scores are indicative of greater levels of violent and harassing behaviors.

Reference

Coleman FL. Stalking behavior and the cycle of domestic violence. *Journal of Interpersonal Violence* 1997;12:420–428.

D7. Unwanted Pursuit Behavior Inventory

Please answer the following questions regarding your relationship with _____ (write the first name of your ex-partner here). Did your ex-partner conduct any of the following unsolicited contact behaviors toward you after the break-up?

Contact Behavior	Did the contact occur?			Frequency of the contact					Did you reply to the contact?		Was your response Positive or Negative?	
	Yes	No	N/A	More than daily	Daily	Weekly	Monthly	Less than monthly	Yes	No	P	N
Did your ex-partner:												
1. leave you unwanted phone messages or hang-up calls	Y	N	N/A	1	2	3	4	5	Y	N	P	N
2. send/leave you unwanted letters/e-mails/faxes/pages/gifts	Y	N	N/A	1	2	3	4	5	Y	N	P	N
3. engage you in an unwanted phone conversation	Y	N	N/A	1	2	3	4	5	Y	N	P	N
4. talk with you unwantedly in an Internet chat room	Y	N	N/A	1	2	3	4	5	Y	N	P	N
5. engage you in an unwanted conversation in person	Y	N	N/A	1	2	3	4	5	Y	N	P	N
6. give you unwanted items (e.g., letters/gifts) in person	Y	N	N/A	1	2	3	4	5	Y	N	P	N
7. ask your friends for information about you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
8. contact your family/friends without your permission	Y	N	N/A	1	2	3	4	5	Y	N	P	N
9. show up in places where he/she thought you might be	Y	N	N/A	1	2	3	4	5	Y	N	P	N
10. go out of his/her way to run into you "unexpectedly"	Y	N	N/A	1	2	3	4	5	Y	N	P	N
11. unexpectedly visit you at your home	Y	N	N/A	1	2	3	4	5	Y	N	P	N
12. unexpectedly visit you at school/work/some other public place	Y	N	N/A	1	2	3	4	5	Y	N	P	N
13. wait outside of your home/work/school	Y	N	N/A	1	2	3	4	5	Y	N	P	N
14. follow you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
15. make vague or implied threats to you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
16. threaten to release information that would be harmful to you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
17. threaten to harm/kill you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
18. threaten to harm/kill someone close to you or to your pet	Y	N	N/A	1	2	3	4	5	Y	N	P	N

Contact Behavior	Did the contact occur?			Frequency of the contact					Did you reply to the contact?		Was your response Positive or Negative?	
	Yes	No	N/A	More than daily	Daily	Weekly	Monthly	Less than monthly	Yes	No	P	N
Did your ex-partner:												
19. threaten you with a weapon	Y	N	N/A	1	2	3	4	5	Y	N	P	N
20. release information that was harmful to you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
21. steal items from you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
22. cause damage to your property (home/car/etc.)	Y	N	N/A	1	2	3	4	5	Y	N	P	N
23. cause harm to someone close to you or to your pet	Y	N	N/A	1	2	3	4	5	Y	N	P	N
24. physically injure you	Y	N	N/A	1	2	3	4	5	Y	N	P	N
25. kidnap you or hold you against your will	Y	N	N/A	1	2	3	4	5	Y	N	P	N
26. force you to engage in sexual contact after the break-up	Y	N	N/A	1	2	3	4	5	Y	N	P	N

If your ex-partner contacted you after the break-up, please describe his/her typical pattern of contacting you after the break-up occurred (e.g., he/she called me 10 times a day for two weeks at my work and followed me home from work every day; he/she showed up at several parties that they thought I might be at and left 40 messages on my phone machine over a 10-day period).

Scoring Instructions

Mild acts subscale consists of items 1–13. Severe acts subscale consists of items 14–26. Unwanted Pursuit Behaviors total scores are computed by summing the items endorsed by each respondent. A second total score, the Unwanted Pursuit Behavior Severity Index, can be created by only including those items that were reported to have had a negative impact on the respondent. These negative unwanted pursuit behaviors are then weighted by the frequency report. The severe acts (items 14–26) are double-weighted. Note that negative response is not assessed for items 14–26.

References

- Langhinrichsen-Rohling J, Palarea RE, Cohen J, Rohling ML. Breaking up is hard to do: unwanted pursuit behaviors following the dissolution of a romantic relationship. *Violence and Victims* 2000;15:73–90.
- Palarea RE, Langhinrichsen-Rohling J. Unwanted Pursuit Behavior Inventory, 1998. Unpublished measure.

D8. Work/School Abuse Scale Form

The following questions are about things that _____ (ABUSER'S NAME) may have done to bother you at work or to keep you from going to work. During your relationship with _____, did he ever . . .

- | | | | |
|--|-----|----|-----|
| 1. Come to your work to harass you? | YES | NO | N/A |
| 2. Bother your coworkers? | YES | NO | N/A |
| 3. Lie to your coworkers about you? | YES | NO | N/A |
| 4. Sabotage the car so you couldn't go to work? | YES | NO | N/A |
| 5. Not show up for child care so you couldn't go to work? | YES | NO | N/A |
| 6. Steal your keys or money so you couldn't go to work? | YES | NO | N/A |
| 7. Refuse to give you a ride to work? | YES | NO | N/A |
| 8. Physically restrain you from going to work? | YES | NO | N/A |
| 9. Threaten you to prevent your going to work? | YES | NO | N/A |
| 10. Physically force you to leave work? | YES | NO | N/A |
| 11. Lie about your children's health or safety to make you leave work? | YES | NO | N/A |
| 12. Threaten you to make you leave work? | YES | NO | N/A |

The following questions are about things that (ABUSER'S NAME) may have done to bother you at school or to keep you from going to school. During your relationship with _____, did he ever . . .

- | | | | |
|--|-----|----|-----|
| 1. Come to school to harass you? | YES | NO | N/A |
| 2. Bother your school friends or teachers? | YES | NO | N/A |
| 3. Lie to your friends/teachers about you? | YES | NO | N/A |
| 4. Sabotage the car so you couldn't go to school? | YES | NO | N/A |
| 5. Not show up for child care so you couldn't go to school? | YES | NO | N/A |
| 6. Steal your keys or money so you couldn't go to school? | YES | NO | N/A |
| 7. Refuse to give you a ride to school? | YES | NO | N/A |
| 8. Physically restrain you from going to school? | YES | NO | N/A |
| 9. Threaten you to prevent your going to school? | YES | NO | N/A |
| 10. Physically force you to leave school? | YES | NO | N/A |
| 11. Lie about your children's health or safety to make you leave school? | YES | NO | N/A |
| 12. Threaten you to make you leave school? | YES | NO | N/A |

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Scoring Instructions

Parallel school and work items are combined. If an abuser has used a tactic to interfere with a victim's work or school participation, the item is scored as "1." If an abuser has not used a tactic to interfere with either work or school participation, then the item is scored as "0." Two subscales are created from the 12 items. The Restraint Tactics subscale includes items 4, 5, 6, 7, 8, and 9. The Interference Tactics subscale consists of items 1, 2, 3, 10, 11, and 12. Items within each subscale are summed and then the subscale mean is obtained by dividing the summed score by the applicable number of items.

Higher scores indicate greater levels of restraint and interference.

Reference:

Riger S, Ahrens C, Blickenstaff A. Measuring interference with employment and education reported by women with abusive partners: preliminary data. *Violence and Victims* 2000;15:161–172.

